

# Georgetown Elementary School

47 Kent Street, PO Box 100  
Georgetown, PE C0A 1L0

Sheryll O'Hanley- Principal  
Dave Kerwin- Vice Principal

902-652-8970  
<https://georgetown.edu.pe.ca>



- Jan 6-** Pajama Day- K/1
- Jan 29-** Family Literacy Day
- Jan 25-** Bell Let's Talk Day
- Jan 26-** School Skate at Three Rivers Sportsplex
- Feb 17-** School Skate
- Feb 17-** Winter Wellness Day
- Feb 20-** Islander Day



Check out the new menu being offered by the School Food Program. Lots of great new choices and some returning favorites. The program is very successful with lots of pleased customers. The next order period opens on January 7- 12. Accounts can be created anytime and notices for ordering windows will be sent directly to your email with lots of reminders and updates!

Dear Parents and Guardians,

Welcome back to school. Our staff would like to wish all of you a very Happy New Year. Since PEI is hosting the Canada Games in February, our school system will be altered to meet those needs. Students will have no school from February 20 to March 3. It is extremely important that your child attends school everyday he or she is able to attend. We understand that things come up where your child(ren) may need to be absent from school, but even if he or she can come for a portion of the day it is beneficial. Attendance is so important to student learning!

We have a number of students who are requesting to use the phone at the very end of the day to arrange for a drive for after school activities or to make alternate plans for after school. These situations have caused a delay in our bussing and interferes with calls from parents at the end of the day. We are starting a new policy that if a student is calling for a non-emergency situation than those calls need to be made at break times. After school arrangements for activities need to be made before the school day begins.

If you have any concerns or questions please feel free to call me at the school or send an email.

Sheryll O'Hanley

**BON APPETIT**  
PEI SCHOOL FOOD PROGRAM INC.

MARK YOUR CALENDAR! **JANUARY**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7 Ordering Opens
8	9	10	11	12 Ordering Closes at 12 Noon	13	14
15	16	17	18	19	20	21 Ordering Opens
22	23	24	25	26 Ordering Closes at 12 Noon	27	28
29	30	31				

**WEEK 1**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta & Meat Sauce	Baked Chicken & Cheese Roll-up	Ham & Cheese Breakfast Sandwich	Beef Burger with Potato Wedges	BBQ Chicken Pizza
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta & Tomato Sauce	Bean & Cheese Roll-up with Rice	Egg & Cheese Breakfast Sandwich	Veggie Burger with Potato Wedges	Cheese Pizza

**WEEK 2**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Pasta with Chicken	Shepherd's Pie	Turkey & Cheese Sandwich	Roast Chicken Dinner	Beef Taco Pizza
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Creamy Pasta	Vegetarian Shepherd's Pie	Egg Salad Sandwich	Veggie Mac'n'Cheese Dinner	Cherry Garlic Flatbread



Please send your children with snow pants, hats, mitts and warm winter boots. Please also be sure to label your child's belongings so we can make sure they sure items are labeled so they can always get back to their owners.

## School Skate:

There will be a School Skate will be on January 26<sup>th</sup> and February 17<sup>th</sup> for the whole school. Please bring skates and helmet in a bag or borrow from the rink or library if you have a need! Thanks to the board of Three Rivers Rink for generously donating these ice times.

## SCHOOL CANCELLATIONS DUE to WEATHER

All Public Schools Branch school cancellations will be announced on local radio stations and posted on the PSB website by 7:00 A.M. An announcement that "classes in all English Language School Board schools are cancelled" means that there is no school for students.

An announcement of a "system wide shutdown" indicates that all schools and offices are closed. In some instances, it may only be necessary to close an individual school or a "family of schools". Partial system closures or delays will be announced by family of schools. Georgetown Elementary School would fall under the "Montague Family of Schools" category.

## ONE HOUR DELAY

If a decision on cancellation cannot be made by 7:00 A.M., a one hour delay will be announced whereby all schools and buses will operate one hour later than usual. A further announcement will be broadcast by 8:00 A.M. VARIOUS LOCAL RADIO STATIONS:

1. Ocean 100.3 FM – Classic Hits 2. 95.1 FM – Country 3. 93.1 FM – Classic Rock 4. Hot 105.5 FM

## SCHOOL CLOSURES DURING THE DAY

It may be necessary to close a school or a family of school's part way through a school day for weather related concerns. Detailed announcements will be made on local radio stations and posted to our school board website:

<https://edu.princeedwardisland.ca/psb/stormclosure-information/> If any parent has updates regarding their pickup plans in the event of an EARLY CLOSURE please reach out to the school office. 902-652-8970



We want to wish Mike LeClair, an extraordinary Education Assistant that has been with us for two years a huge thank you for all he has done with us and the students at Georgetown School. We will miss you, and hope you visit us often!

EA, Erika Wilkinson will be returning to her position from maternity leave on January 10<sup>th</sup>.

Welcome Back Erika!

## IN-SCHOOL MENTORING PROGRAM - WE NEED YOU!

Big Brothers Big Sisters have been building our programming back toward pre Covid levels. Our **In-School Mentoring Program** provides children with a role model and friend to talk to right in their own school. Bigs and Littles will share experiences, stories and have fun for an hour every week.

### The benefits of mentoring aren't just social! This one-to-one relationship also fosters increased educational engagement and mental health & well-being by:

Providing a role model and friend for children;  
Promoting the importance of staying in school and healthy relationships with family and peers; Instilling trust and self-confidence to make healthy decisions;  
Encouraging leadership skills and independent thinking; And above all, making a difference while having fun!

**It takes just one hour a week to make a BIG difference.** If this sounds like something you would like to be involved with contact us today. We will provide training and materials. All we need is YOU!

Please contact **Myron Yates** at Big Brothers Big Sisters for more information.

[myron.yates@bigbrothersbigsisters.ca](mailto:myron.yates@bigbrothersbigsisters.ca)

902-368-7760

## Kindergarten Registration

Whether your child is transferring to a PSB school from out of province or is starting kindergarten, you can register your child for school by contacting your zoned school directly. Talk to the school about a tour and meeting the principal and/or teacher. Welcome to Kindergarten sessions for new students and parents are organized by schools in the spring before the next school year.

Coming from out-of-province or Canada.

Children who are new to the Canadian school system or speak a language other than English or French at home are eligible for English as an Additional Language (EAL) and French as an Additional Language (FAL) services. All children who meet this criteria will be required to register with the [EAL/FAL Reception Centre](#) before contacting a school directly.

Children must turn five (5) years old by December 31 the year they enter kindergarten. You can wait one year if you think your child isn't ready to go to kindergarten at the minimum age of entry.



# 5

## WAYS TO PREVENT DAMAGING YOUR CHILD'S SELF-ESTEEM

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We all want children with healthy levels of self-esteem and confidence, but there are subtle ways we can undermine the development of self-esteem. Allowing children to try new things without our help, focusing on praising effort instead of outcome, being authentic without being critical, focusing on their strengths, and allowing space for mistakes are all ways we can build up a child's healthy sense of self. Want more tips on how to raise emotionally healthy children? Listen to our NEW Child Psych Podcast! Each week we discuss parenting topics that YOU WANT TO KNOW more about from experts in the field of children's mental health! Tune in every Wednesday at the link in our bio ( <https://podcast.icphelps.com> )!

### One

#### Stop doing **EVERYTHING** for them.

At every age, there are new things for kids to learn. This includes during babyhood - learning to hold a cup or take first steps sparks a sense of mastery and delight. As your child grows, things like learning to dress, read, or ride a bike are **chances for self-esteem to grow**. Children who are competent are less likely to suffer from anxiety.



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### Two

#### STOP using **limited** praise!

- **Don't overpraise.** Praise that doesn't feel earned doesn't ring true. Saying "good job!" when your child knows they didn't play a great game feels hollow & fake. It's better to say, "Even if that wasn't your best game, I'm proud of you for not giving up."
- **Praise effort.** Avoid focusing praise only on results (i.e. getting an A+) or fixed qualities (i.e. being smart or athletic). Instead, offer most of your praise for effort, progress, & attitude. Ex: "You're improving at these spelling tests," or, "I'm proud of you for practicing piano — you've really stuck with it!"

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### Three

#### Ban harsh criticism.

Your words become your child's inner voice. Harsh words ("You're so lazy!") are **harmful and not motivating**.

Correct kids with patience. Focus on what you want them to do next time. When needed, show them how.



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### Four

#### Don't focus on shortfalls.

**Pay attention** to what your child does well and enjoys. Make sure your child has chances to develop these strengths: *'focus on the donut not the hole'*.



@instituteofchildpsych

### Five

#### Don't Punish Your Child for Making Mistakes.

Your child is going to mess up, and getting really good at something requires effort and practice. Let your child know the **value in making mistakes**—it helps them course correct and develop the skills they need to master a task.



@instituteofchildpsych



Congratulations to Ms. Rogers Grade 5/6 class and Ms. Frasers 7/8 class. They tied in reading the most pages in a Library Reading Challenge and read a combined 46,000 pages. Both classes will be getting a pizza party reward later this month!

